

## My COVID-19 Risk: THINK TWICE

## **STEP ONE:**

Think about yourself and all the people with whom you have close contact:

- Is everyone under age 60?
- Is everyone healthy, without underlying medical conditions?

## STEP TWO:



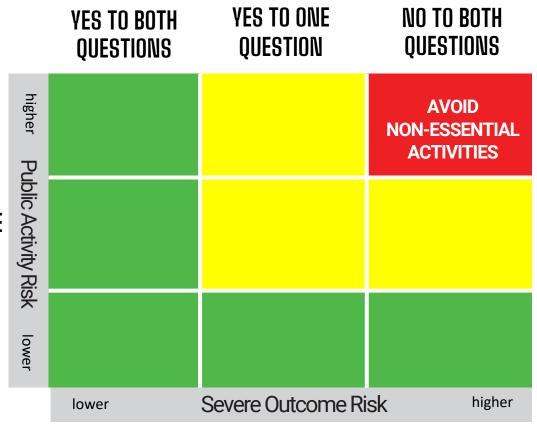
Think about the public activity:

- Can you avoid crowds or close interaction with people you do not know?
- Can you always keep 6-foot distance from others?
- Can you always wear a mask? (And can everyone else?)
- Is the activity outdoors?

NO TO MOST OR ALL QUESTIONS

NO TO SOME QUESTIONS

YES TO ALL QUESTIONS



People over 60 and people with underlying medical conditions are more likely to be hospitalized or die if they are infected with COVID-19. No activity that includes interactions with other people is entirely without risk, and younger people without underlying medical conditions can also have severe outcomes from COVID-19. This is meant to serve as a guide to inform personal decision-making.

The risk of infection increases as the number of interactions increases.



Continue COVID-19 precautions Consider avoiding non-essential activities Avoid non-essential activities